

## Psychology and Life

**Department:** FISS

**Date:** 2022/4/11

<b>Course Code</b>	SOCI170006
<b>Course Title</b>	Psychology and Life
<b>Credit</b>	2
<b>Credit Hours</b>	36
<b>Course Objectives</b>	<p>Upon completion of this course, students should be able to:</p> <ul style="list-style-type: none"> <li>● Have a solid understanding of basic concepts, methods, and results in the study of Psychology</li> <li>● Apply these theories to their own personal and professional experiences</li> <li>● Think critically, focusing on research methods</li> <li>● Be able to appreciate and critically evaluate the basic meaning, if not every detail, of novel findings in psychology and neuroscience.</li> </ul>
<b>Course Description</b>	<p>The field of psychology is very broad and covers both the Micro-level analyses of nerve cell processes and the macro-level analyses of cultural systems. This course is designed to give students an overview of topics within the field of psychology, such as perception, attention, memory, language, emotion, motivation, and personality et al. Students will be introduced to the basics of the scientific method, so that they could use solid scientific research to combat with psychological misconceptions. Whether or not a psychology major, students will see why psychological knowledge is directly relevant to the decisions we make every day of your lives. Furthermore, they will be encouraged to come up with their own empirical questions about Psychology.</p>
<p><b>Course Requirements: (e.g. pre-requisites)</b>  <b>Prerequisites:</b> N/A            This is an introductory course of Psychology. Students who are interested in what Psychology is about and how psychological knowledge is relevant to their lives are welcomed.</p>	
<p><b>Teaching Methods:</b></p> <ul style="list-style-type: none"> <li>• Lectures</li> <li>• Class discussions</li> <li>• Student presentations</li> </ul>	
<p><b>Instructor's Academic Background:</b>  <b>Yang Jinmian:</b> Ph.D. in psychology at the University of Massachusetts, Amherst, postdoctoral fellow at the University of California, San Diego, Shanghai Pujiang Scholar.            Dr. Yang is currently an assistant professor at the Department of Psychology, School of Public Development</p>	

and Social Policy, Fudan University. Her main research interests include eye movements during reading Chinese and English.

**Course Schedule** (Please supply the details about each lesson):

1. Introduction to course & Thinking Critically with Psychological Science
2. Research Methods in Psychology
3. The Biological and Evolutionary Bases of Behavior
4. Sensation and Perception & Mind, Consciousness, and Alternate States.
5. Learning and Behavior Analysis
6. Memory
7. Language & Motivation
8. Intelligence and Intelligence Assessment.
9. Human Development Across the Life Span
10. Understanding Human Personality.
11. Psychological Disorders
12. Open-book exam

**The design of class discussion or exercise, practice, experience and so on:**

Students will form small groups of 4-6 people and study by groups. There are two kinds of group assignments:

1. Micro-homework

Each group will be asked to post a summary of their discussion after the study of each lecture (no more than 1 page). This summary may include (1) points that they think most impressive in this lecture, or /and (2) problems that they don't understand, or/and (3) questions that they would like to raise to other groups. The purpose of this homework is to urge students to reflect upon what has been taught, and to ensure they understand the basic contents in each lecture.

2. Presentation:

Each group will be required to present related papers/effects to each chapter in the class. More details about group presentation will be provided in the first class. I also encourage students to present papers by their own interest.

**Grading & Evaluation** (Provide a final grade that reflects the formative evaluation process):

- Course participation – 20%
- Homework – 20%
- Group Presentation – 20%
- Final Exam – 40%

**Usage of Textbook:**  Yes (complete textbook information form below)  No

**Textbook Information** (No more than two textbooks) :

Title	Author	ISBN	Publishing time	Publisher	Type I	Type II
					<input type="checkbox"/> Self-compiled Textbook (Published) <input type="checkbox"/> Non-mainland Textbook <input type="checkbox"/> Other Textbook (Published)	<input type="checkbox"/> National Planning Textbook <input type="checkbox"/> Provincial and Ministerial Planning Textbook <input type="checkbox"/> School Level Planning Textbook <input type="checkbox"/> Others
					<input type="checkbox"/> Self-compiled Textbook (Published) <input type="checkbox"/> Non-mainland Textbook <input type="checkbox"/> Other Textbook (Published)	<input type="checkbox"/> National Planning Textbook <input type="checkbox"/> Provincial and Ministerial Planning Textbook <input type="checkbox"/> School Level Planning Textbook <input type="checkbox"/> Others
<p><b>Teaching References</b> (Including author, title, publisher, publishing time, ISBN):</p> <p>Richard J. Gerrig, Psychology and Life, 20th Edition, Pearson Education, Inc. 2012, ISBN 9780205859139</p>						

Table column size can be adjusted according to the content.