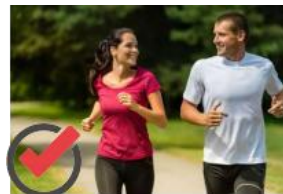


## Block I Field & Track 1座足球場/田徑跑道

	Monday 星期一		Tuesday 星期二		Wednesday 星期三		Thursday 星期四		Friday 星期五		Saturday 星期六		Sunday 星期日	
	Field 足球場	Track 跑道	Field 足球場	Track 跑道	Field 足球場	Track 跑道	Field 足球場	Track 跑道	Field 足球場	Track 跑道	Field 足球場	Track 跑道	Field 足球場	Track 跑道
07:00-07:30		OH		OH		OH		OH		OH		OH		OH
07:30-08:00		OH		OH		OH		OH		OH		OH		OH
08:00-08:30		OH		OH		OH		OH		OH		OH		OH
08:30-09:00	TIS	TIS&OH	TIS	TIS&OH	TIS	TIS&OH	TIS	TIS&OH	TIS	TIS&OH		OH		OH
09:00-09:30	TIS	TIS&OH	TIS	TIS&OH	TIS	TIS&OH	TIS	TIS&OH	TIS	TIS&OH	UT/FB	/		OH
09:30-10:00	TIS	TIS&OH	TIS	TIS&OH	TIS	TIS&OH	TIS	TIS&OH	TIS	TIS&OH	UT/FB	/		OH
10:00-10:30	TIS	TIS&OH	TIS	TIS&OH	TIS	TIS&OH	TIS	TIS&OH	TIS	TIS&OH	UT/FB	/	UT/FB	/
10:30-11:00	TIS	TIS&OH	TIS	TIS&OH	TIS	TIS&OH	TIS	TIS&OH	TIS	TIS&OH	UT/FB	/	UT/FB	/
11:00-11:30	TIS	TIS&OH	TIS	TIS&OH	TIS	TIS&OH	TIS	TIS&OH	TIS	TIS&OH	UT/FB	/	UT/FB	/
11:30-12:00	TIS	TIS	TIS	TIS	TIS	TIS	TIS	TIS	TIS	TIS	UT/FB	/	UT/FB	/
12:00-12:30	TIS	TIS	TIS	TIS	TIS	TIS	TIS	TIS	TIS	TIS	MUST/A	/	UT/FB	/
12:30-13:00	TIS	TIS	TIS	TIS	TIS	TIS	TIS	TIS	TIS	TIS	MUST/A	/	UT/FB	/
13:00-13:30	TIS	TIS	TIS	TIS	TIS	TIS	TIS	TIS	TIS	TIS	MUST/A	/		OH
13:30-14:00	TIS	TIS	TIS	TIS	TIS	TIS	TIS	TIS	TIS	TIS	MUST/A	/		OH
14:00-14:30	TIS	TIS	TIS	TIS	TIS	TIS	TIS	TIS	TIS	TIS	SAO/FB	/		SAO/FB
14:30-15:00	TIS	TIS	TIS	TIS	TIS	TIS	TIS	TIS	TIS	TIS	SAO/FB	/		SAO/FB
15:00-15:30	TIS	TIS	TIS	TIS	TIS	TIS	TIS	TIS	TIS	TIS	SAO/FB	/		SAO/FB
15:30-16:00	TIS	TIS	TIS	TIS	TIS	TIS		OH		OH	SAO/FB	/		SAO/FB
16:00-16:30	TIS	TIS	TIS	TIS	TIS	TIS		OH		OH	SAO/FB	/		SAO/FB
16:30-17:00	TIS	TIS	TIS	TIS	TIS	TIS		OH		OH	SAO/FB	/		SAO/FB
17:00-17:30		OH	UT/FB	DGE/TF		DGE/TF& OH	UT/FB	DGE/TF		DGE/TF& OH	SAO/FB	/	SAO/FB	/
17:30-18:00		OH	UT/FB	DGE/TF		DGE/TF& OH	UT/FB	DGE/TF		DGE/TF& OH		OH	SAO/FB	/
18:00-18:30		OH	UT/FB	DGE/TF		DGE/TF& OH	UT/FB	DGE/TF		DGE/TF& OH		OH	SAO/FB	/
18:30-19:00		UT/DB & OH	UT/FB	DGE/TF		DGE/TF& OH & UT/DB	UT/FB	DGE/TF		DGE/TF& OH & UT/DB		UT/DB & OH	SAO/FB	/
19:00-19:30		UT/DB & OH		DGE/TF& OH		DGE/TF & OH & UT/DB		DGE/TF& OH		DGE/TF& OH & UT/DB	SAO/OD	UT/DB & OH	SAO/FB	/
19:30-20:00		UT/DB & OH		DGE/TF& OH		DGE/TF & OH & UT/DB		DGE/TF& OH		DGE/TF& OH & UT/DB	SAO/OD	UT/DB & OH	SAO/FB	/
20:00-20:30		UT/DB & OH	MUST/A	/	SAO/OD	UT/DB & OH	MUST/A	/	SAO/OD	UT/DB & OH	SAO/OD	UT/DB & OH	SAO/FB	/
20:30-21:00	MUST/A	/	MUST/A	/	SAO/OD	OH	MUST/A	/	SAO/OD	OH	SAO/OD	OH	SAO/FB	/
21:00-21:30	MUST/A	/	MUST/A	/	SAO/OD	OH	MUST/A	/	SAO/OD	OH	SAO/OD	OH	SAO/FB	/
21:30-22:00	MUST/A	/	MUST/A	/	SAO/OD	OH	MUST/A	/	SAO/OD	OH	SAO/OD	OH	SAO/FB	/

- Remarks備註:
- DGE/TF : DGE Class Track and Field 適讀田徑課
  - UT/FB : MUST Football Team 足球校隊
  - UT/DB : MUST Dragon Boat Team 龍舟校隊
  - TIS : The International School of Macao 國際學校
  - MUST/A : MUST Alumni(Football) 校友會(足球)
  - SAO : Student Affairs Office 學生事務處
  - OH : Open Hour(for Student & Staff) 公眾開放 (學生及教職員)

\* SAO/OD : 學生會戶外運動協會  
\* SAO/FB : 學生會足球會



注意事項:  
Notice:

- 跑道開放期間禁止使用草地足球場踢球。  
Football field temporarily closed during the track hours.
- 須帶備學生證/職員證作進場時登記; 須配合測量體溫及穿著運動服裝及運動鞋。  
Need to bring your Student/Staff card for registration, Please Check your temperature and with sportswear.
- 以上時間如有更改, 以大學最新公佈為準。  
Notice will be issued if there is any change of opening hours:
- 場地管理: 如對場地使用有任何疑問, 請聯絡總務處或到總務處 I 座大堂服務櫃檯查詢。  
Facility Management: If you have any questions regarding facility usage, please contact the General Affairs Office or inquire at the GA Service Counter in Block I.
- 以上資訊如有更改, 以最新公佈為準, 請掃描二維碼了解。  
If any of the above information changes, the latest version should prevail. Please scan the QR code for further details and updates.

校內康體設施介紹



場地使用守則



總務處  
General Affairs Office  
2023/2024