



# 澳門科技大學

MACAU UNIVERSITY OF SCIENCE AND TECHNOLOGY

## 持續教育學院

School of Continuing Studies

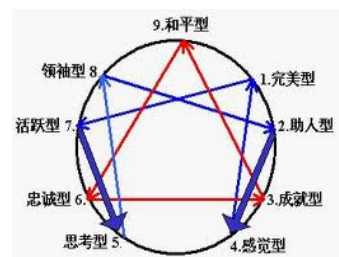
### 九型人格面面觀

#### 課程簡介

本課程將會介紹九型人格的基礎概念和理論。內容包括各型號的描述和型號之間關係。

完成課程後，學員會學習到：

1. 對九型人格有基本認識
2. 更加了解自己和其他人
3. 改善人際關係
4. 提高對慣性模式覺察力



#### 課程大綱

##### 第一節 (3 小時)

- 什麼是九型人格
- 九型人格的有趣背景
- 三個基本動力

##### 第二節 (3 小時)

- 基本恐懼
- 基本慾望
- 優點和缺點

#### 對象

對個人性格感興趣及年滿 18 歲的人士

#### 導師簡介

張自明 先生

Graduate of Enneagram Intensive (EPTP)  
Graduate of Enneagram Typing Process (EPTP)  
Graduate of Enneagram Spiritual Awareness (EPTP)  
NLP Master Coach (ABNLP)  
NLP Master Practitioner (ABNLP, IANLP)  
Timeline Therapy Master Practitioner (ABNLP)  
Certified Hypnotherapist (ABH)

#### 授課語言

中文

#### 上課地點

澳門新口岸宋玉生廣場 335-341 號獲多利中心 10 樓  
澳門科技大學持續教育學院

#### 上課日期

8 月 24 日	週六	10:00 - 17:00	總課時: 6 小時
11 月 9 日	週六	10:00 - 17:00	

#### 課程費用

學費：澳門幣 900 元

#### 收生名額

25 人

所有費用一經繳交，恕不退還或轉讓（本院取消開辦該課程除外）。因此，報讀者於報名前，請考慮清楚上課時間及視乎個人具體情況而決定報讀與否。

#### 查詢

電話：8796 1999 / 8796 1998 電郵：[scs@must.edu.mo](mailto:scs@must.edu.mo)

網頁：<http://www.must.edu.mo/scs-tw/admission/diploma-certificate-programs/news>

持續教育學院致力開拓終身學習機會，如欲收到本學院之課程資料，可發電郵至 [scs@must.edu.mo](mailto:scs@must.edu.mo)，並提供閣下之電郵地址，標題主旨為“加入通知群組”。

我們亦為機構/政府部門/學校等提供內部培訓，按各機構不同之要求(主題/時間/地點/對象)而訂定培訓內容。請與我們聯絡。



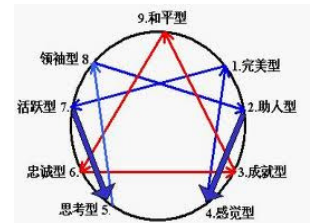
## Introduction to Enneagram

### Course Introduction

This course will introduce the basic concept and theory of Enneagram, a personality structure system. It will cover the description of each type and their relationships with other types.

After the course, students can learn:

1. Understand the fundamental of the Enneagram system
- Have better understanding of one self and others
3. Improve interpersonal relationships
4. Create awareness of the habitual pattern



### Course Outline

#### Session 1 (3Hrs)

- What is Enneagram?
- The 9 Enneagram types
- The 3 Energy Centers

#### Session 2 (3Hrs)

- Basic Fears / Concerns of each type
- Basic Desires of each type
- Strengths & Weaknesses of each types

### Target Audience

People interested in Personality and over age of 18

### Instructor Mr. Frank Cheung

Graduate of Enneagram Intensive (EPTP)  
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### Medium of Instruction Cantonese

**Venue** Alameda Dr. Carlos D Assumpção 335-341, Hotline Centre, 10/F, Macau

### Course date & time

24 August, 2013	Sat	10:00 - 17:00	Total hrs: 6
9 November, 2013	Sat	10:00 - 17:00	

**Tuition Fee** MOP 900

**Class Size** 25 people

All fees are non-refundable and non-transferable. (The school has full right to withdraw any course anytime). Therefore, student is advised to consider carefully about the course time and personal situations before application

**Enquiries** Tel: 8796 1999 / 8796 1998 Email: [scs@must.edu.mo](mailto:scs@must.edu.mo)  
Website: <http://www.must.edu.mo/scs-tw/admission/diploma-certificate-programs/news>

The School of Continuing Studies develops life-long learning opportunities. Should you wish to receive information on our programs / courses, please send us an email (to [scs@must.edu.mo](mailto:scs@must.edu.mo)) stating your email address in your email and "Join the mailing list" in the Subject line.

We also offer in-house training for corporations/Government Departments/schools, tailor-made with respect to your choices of topics, time, place, and group of attendees. Please contact us for more information.